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<b>HSC8501</b>	<b>Primary Health Care and Health Promotion</b>
<b>Level 8</b>	<b>Credits: 60</b>
<b>Pre-requisites</b>	Nil
<b>Learning hours</b>	<b>Total 600</b> (tutor-directed 110, clinical 145, self-directed 345)

### **Aim**

This course assists the nurse to critically explore primary health care practice in a specialty nursing context (e.g.: Well Child Tamariki Ora; Population and Personal Health; Health of the Older Adult), including nursing assessment, clinical judgement, and evidence-based practice for the delivery of effective primary health care nursing in the Aotearoa New Zealand context.

### **Learning outcomes**

Following successful completion of this course, ākonga will be able to:

1. Critically reflect on the role of well child tamariki ora nursing as specialty practice in the community setting.
2. Critically analyse how Te Tiriti o Waitangi impacts on well child tamariki ora service delivery.
3. Examine current strategies for achieving equity for tamariki and their whānau in Aotearoa with a focus on the rights of the child.
4. Integrate health promotion into practice.
5. Critically reflect on own professional growth as a well child tamariki ora nurse and identify areas for advancing practice.

### **Content**

- Well child tamariki ora as specialty nursing
- Te Tiriti o Waitangi and critical consciousness
- Human and child rights
- Population health and priority populations including Pacific child and family health
- Whānau ora and Hauora Māori
- Pae Ora
- Rangatiratanga and leadership
- Community assessment
- Quality improvement for practice change
- Health Promotion and health literacy
- Determinants of Health

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<b>HSC8504</b>	<b>Praxis in the Community Setting (Tamariki Ora / Well Child)</b>
<b>Level 8</b>	<b>Credits: 60</b>
<b>Pre-requisites</b>	Nil
<b>Learning hours</b>	<b>Total 600</b> (tutor-directed 110, clinical 145, self-directed 345)

### **Aim**

This course enables ākonga to gain increased knowledge through praxis (the application of theory and research knowledge to reflective practice) and the demonstration of well child / tamariki ora nursing competencies. The focus of this course is on appropriate service delivery for clients that is culturally safe and enables individuals, families and whānau, and communities to increase skills in health focused daily living.

### **Learning outcomes**

Following successful completion of this course, ākonga will be able to:

1. Apply the five principles of Te Tiriti o Waitangi evidencing culturally responsive well child tamariki ora nursing that respects the rights and needs of whānau Māori and Te Tiriti partners.
2. Apply professional judgement and decision-making to contemporary parenting challenges with evidence-based approaches.
3. Critically analyse the impact of well child tamariki ora nursing on child health outcomes and reducing health inequities.
4. Critically reflect on strategies for selfcare and self-regulation for a safe practising culture within own teams and interprofessionally.
5. Apply clinical nursing leadership through quality improvement initiatives.

### **Content**

- Te Tiriti o Waitangi in well child tamariki ora nursing
- Kawawhakaruruhau and cultural safety
- Evaluating nursing practice
- Whānau health and well being
- Trauma informed well child nursing
- Peer reciprocal supervision
- Clinical leadership
- Quality and risk, practice change for improved whānau care.
- Selfcare, self-regulation