HSC8501 **Primary Health Care and Health Promotion**

Level 8 **Credits:** 60

Pre-requisites Nil

Learning hours **Total 600** (tutor-directed 110, clinical 145, self-directed 345)

Aim

This course assists the nurse to critically explore primary health care practice in a specialty nursing context (e.g.: Well Child Tamariki Ora; Population and Personal Health; Health of the Older Adult), including nursing assessment, clinical judgement, and evidence-based practice for the delivery of effective primary health care nursing in the Aotearoa New Zealand context.

Learning outcomes

Following successful completion of this course, ākonga will be able to:

1. Critically reflect on the role of well child tamariki ora nursing as specialty practice for the community setting.
2. Critically analyse how Te Tiriti o Waitangi impacts on well child tamariki ora service delivery.
3. Critically examine a current strategy for achieving equity for tamariki and their whānau in Aotearoa with a focus on the rights of the child.
4. Integrate health promotion for practice.
5. Critically reflect on own professional growth as a well child tamariki ora nurse and identify areas for advancing practice.

Content

- Well child tamariki ora as specialty nursing
- Te Tiriti o Waitangi and critical consciousness
- Human and child rights
- Population health and priority populations including Pacific child and family health
- Whānau ora and Hauora Māori
- Pae Ora
- Rangatiratanga and leadership
- Community assessment
- Quality improvement for practice change
- Health Promotion and health literacy
- Determinants of Health

Assessments

Assessment Method	Weighting	Learning Outcome/s
Online Activities	30%	1, 3
Written	35%	1, 3
Presentation	35%	2, 3, 4
Clinical Conversation	P/F	1-5

Successful completion of course

Ākonga must pass each assessment and achieve all learning outcomes.

Resources A list of recommended resources is provided.

HSC8504 **Praxis in the Community Setting (Tamariki Ora / Well Child)**

Level 8 **Credits:** 60

Pre-requisites Nil

Learning hours **Total 600** (tutor-directed 110, clinical 145, self-directed 345)

Aim

This course enables ākonga to gain increased knowledge through praxis (the application of theory and research knowledge to reflective practice) and the demonstration of well child / tamariki ora nursing competencies. The focus of this course is on appropriate service delivery for clients that is culturally safe and enables individuals, families and whānau, and communities to increase skills in health focused daily living.

Learning outcomes

Following successful completion of this course, ākonga will be able to:

1. Apply the five principles of Te Tiriti o Waitangi evidencing culturally responsive well child tamariki ora nursing that respects the rights and needs of whānau Māori and Te Tiriti partners.
2. Apply professional judgement and decision-making to contemporary parenting challenges with evidence-based approaches.
3. Critically analyse the impact of well child tamariki ora nursing on child health outcomes and reducing health inequities.
4. Critically reflect on strategies for selfcare and self-regulation for a safe practising culture within own teams and interprofessionally.
5. Apply clinical nursing leadership through quality improvement initiatives.

Content

- Te Tiriti o Waitangi in well child tamariki ora nursing
- Kawawhakaruruhau and cultural safety
- Evaluating nursing practice
- Whānau health and well being
- Trauma informed well child nursing
- Peer reciprocal supervision
- Clinical leadership
- Quality and risk, practice change for improved whānau care.
- Selfcare, self-regulation

Assessments

Assessment Method	Weighting	Learning Outcome/s
Online Activities	30%	1, 2 & 4
Presentation	30%	1, 2, 3, 5
Professional Portfolio	40%	1-5

Successful completion of course

Ākonga must pass each assessment and achieve all learning outcomes.

Resources

A list of recommended resources is provided.