

# Postgraduate Certificate in Nursing (Mental Health)

## HSC8316 Contemporary Mental Health and Addiction Nursing

Level 8 Credits 60

| Hours | Learning Type      | Hours      |
|-------|--------------------|------------|
|       | Tutor Directed     | 65         |
|       | Clinical           | 300        |
|       | Self-Directed      | 235        |
|       | <b>Total Hours</b> | <b>600</b> |

### Aim

This course supports nurses to understand the philosophical and theoretical underpinning of contemporary mental health, addiction and disability practice within the New Zealand context. The student will develop an understanding of how this evidence influences and supports clinical judgement and this reflects best clinical practice and decision making.

The nurse will explore socio-political and professional issues influencing mental health, addiction and disability nursing and how these issues relate to professional practice. This will support the nurse to be critically reflective of their environment and identify areas for professional development reflecting the current evidence base.

### Learning Outcomes

Following successful completion of this course, the student will be able to:

1. Demonstrate culturally safe mental health and addiction nursing practice.
2. Examine and critically reflect on contemporary mental health and addiction nursing practice within the New Zealand context.
3. Critically examine the socio-political context of mental health and addiction nursing in New Zealand.
4. Develop specialty mental health and addiction nursing through research and scholarship.

## HSC8326 Professional Practice in Mental Health and Addiction Nursing

Level 8 Credits 60

| Hours | Learning Type      | Hours      |
|-------|--------------------|------------|
|       | Tutor Directed     | 65         |
|       | Clinical           | 300        |
|       | Self-Directed      | 235        |
|       | <b>Total Hours</b> | <b>600</b> |

### Aim

This course is designed to expand the nurse's ability to relate specialist knowledge and key concepts of care for people receiving specialty mental health and addiction nursing care. The nurse will explore their professional responsibility in relation to working with individuals and their whanau in a culturally responsive way that demonstrates provision of care within a holistic framework. Students will articulate competently the evidence that supports clinical decision making and how that evidence underpins the formulation of nursing care. Nurse's will be able to critically reflect on their nursing practice to ensure practice assists people towards recovery, working with individual strengths to improve health outcomes.

The course will support the nurse to develop confidence and competence within the professional practice setting and identify leadership and mentorship roles for future career development

### Learning Outcomes

Following successful completion of this course, the student will be able to:

1. Critically analyse professional responsibilities in the delivery of specialist mental health and addiction nursing practice.
2. Demonstrate the use of key principles of specialty mental health and addiction nursing practice in clinical assessment, judgment and decision-making.
3. Demonstrates professional practice within legal and ethical frameworks.
4. Facilitate and critically evaluate care supported by knowledge, research and reflective practice.
5. Demonstrate clinical leadership development in mental health nursing and addiction practice, through active participation, effective communication, advocacy and resourcefulness.